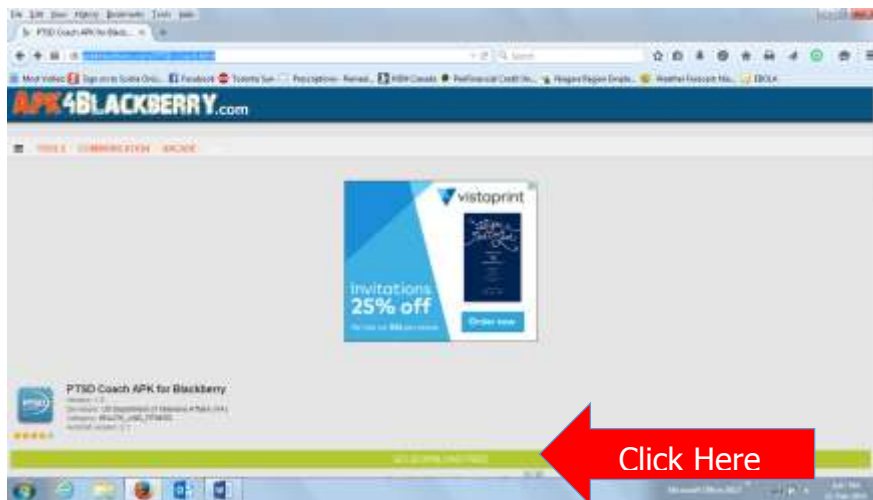


PTSD COACH INSTALLATION FOR BLACKBERRY 10

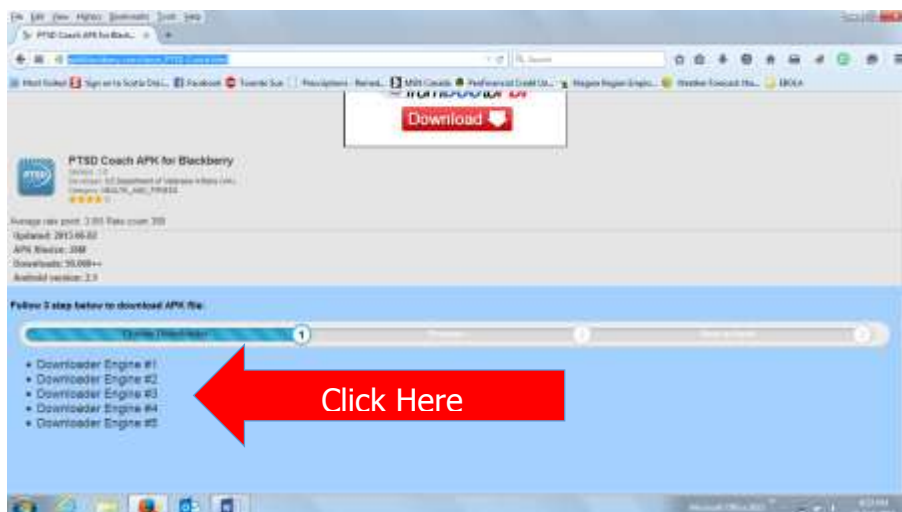
1. Using your Blackberry 10 device, click on the link below to go to the download site:

<http://apk4blackberry.com/PTSD-Coach.html>

You will see this screen:

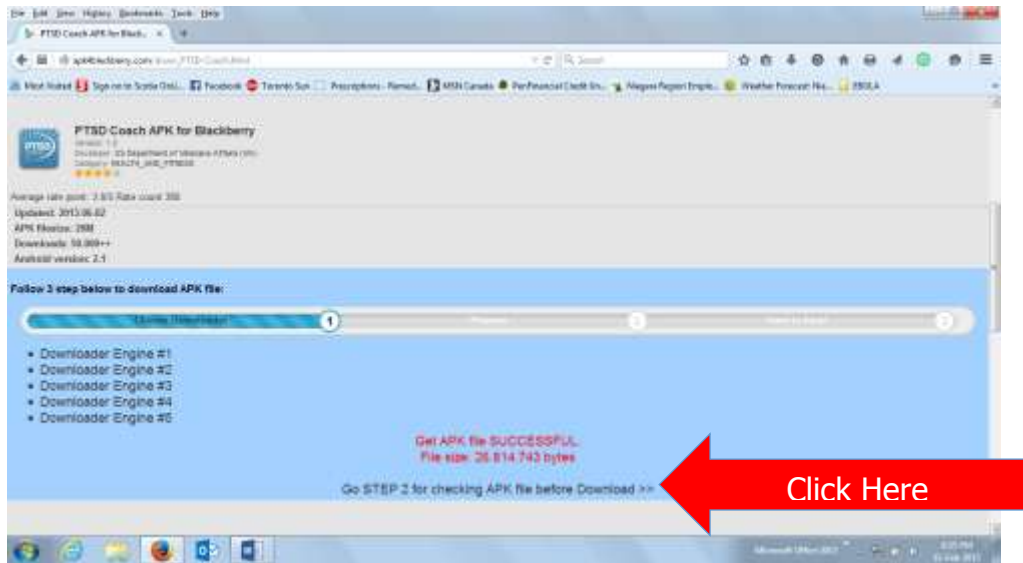


2. Click on the green bar at the bottom to go to this screen:

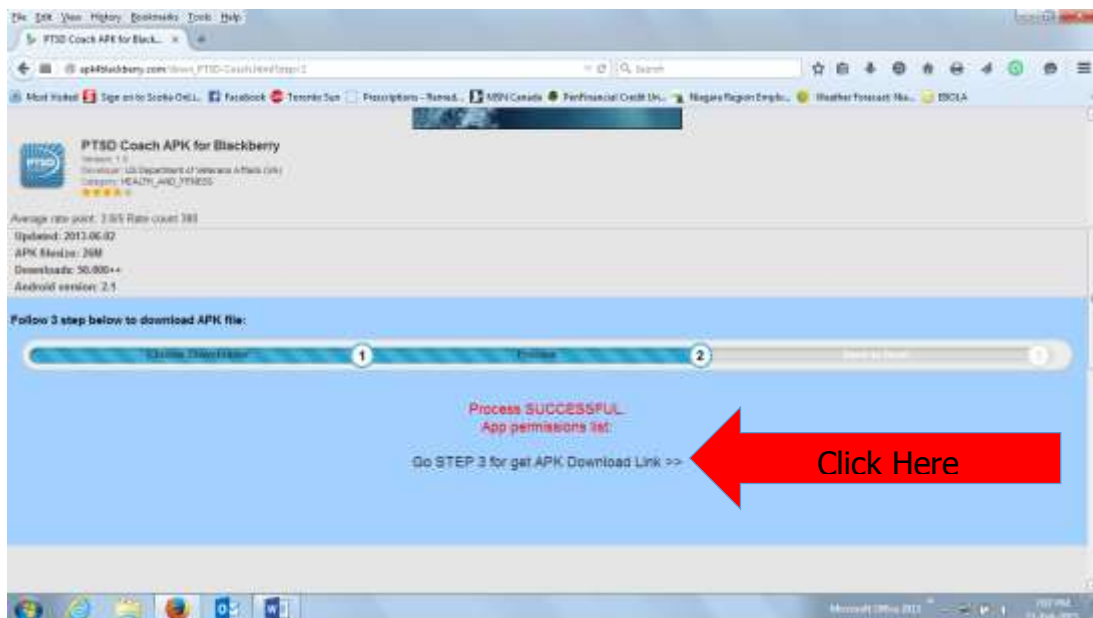


3. Select and click on a Download Engine. You will see the following screen in a few moments:

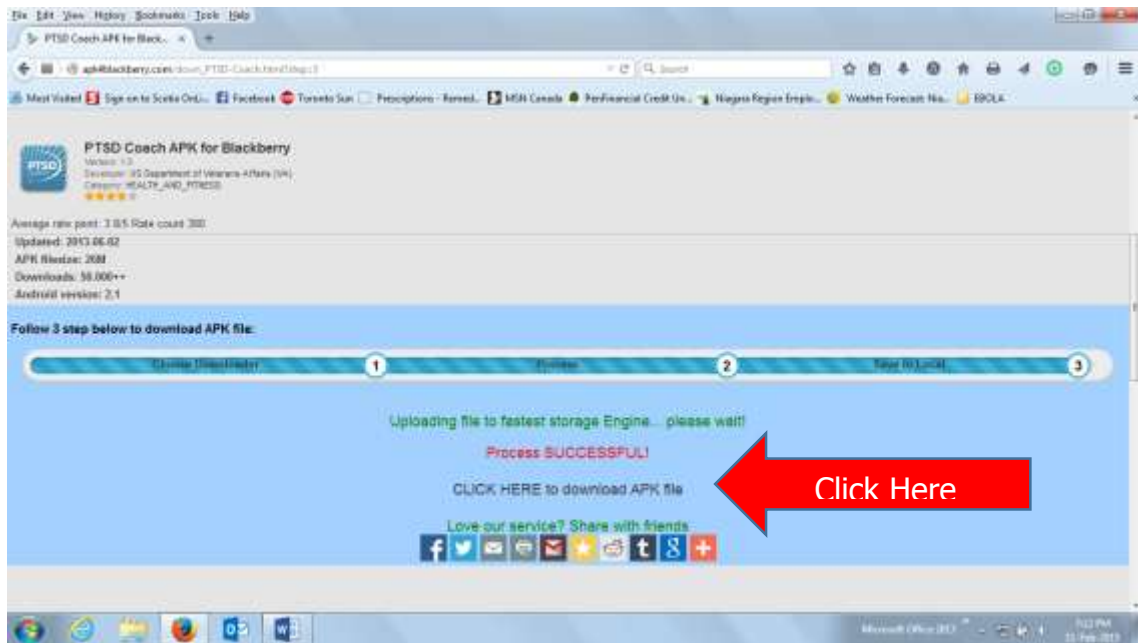
Click on "Go to Step 2" near the bottom



4. You will see the following page. Click on "Go to Step 3".



5. The following page appears:



6. The file will download to your phone and you can install by clicking on it when the download is complete.